Pathways Psychological and Counselling Services

203-200 Kennevale Drive

Nepean, ON K2J 6B6

(613) 843-8338

Fax: (613) 212-8964

**Physician Referral Form**

**Name**: Click here to enter text. **Birthdate**:Click here to enter a date.

**Phone Number**: Click here to enter text. **E-mail Address:** Click here to enter text.

**Requested Clinician, if any Preference**: Click here to enter text.

**Reason for Referral** *(Please check all that apply and add additional comments as required***):**

Abuse (physical, sexual, financial or emotional)

Anxiety (OCD, GAD, Panic, Social Anxiety, etc.)

Coping with disability/ Heath promotion/Pain management

Communication issues (e.g., emotionally reactive, anger management, assertiveness training)

Depression (Unipolar, Bipolar, Dysthymia, etc.)

Diagnostic Consultation (e.g., differential diagnosis)

Financial Concern

Insomnia, sleep management

Loss and/or grief (including anticipatory grief)

Personality disorder

Relationship problems

School or work difficulties

Self-esteem problems

Self-harm, suicidal ideation

Stress management (including workplace stress)

Substance misuse (alcohol, drug, etc)

Traumatic event (assault, accident, etc.)

**Additional Comments**: Click here to enter text.

**Physician Name**: Click here to enter text.